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BLU News! November 2015

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The wild gander leads his flock through the cool night,
Ya-honk! he says, and sounds it down to me like an invitation:
The pert may suppose it meaningless, but I listen closer,
I find its purpose and place up there toward the November sky.

Walt Whitman, Leaves of Grass 1855, I Celebrate Myself, Line 238

DIARY DATES

Friday 13th November - the pool will be become purple (thanks to lighting, the water will not be affected!) during the afternoon and evening to raise awareness of National Pancreatic Charity day.

Monday 23rd November. Booking opens for Christmas Day swim. Be quick because numbers will be limited.

 $\label{thm:condition} \mbox{Monday 30th November, the Lido Cafe will close in the afternoon and evening for a wedding.}$

Saturday 5th December, the Lido Cafe will close in the evening, Wednesday 11th December it will close in the afternoon.

Saturday 12th December jump in the pool to support Crisis @12 noon. Sign up prior to the event.



Saturday 12th December join a Christmas Carol concert 3:30pm. £3 per ticket or £10 for 2 adults and 2 children. All money goes to St Christopher's Hospice.

Friday 25th December Christmas Day swim - you will be able to reserve places from Monday 23rd November, and it's free. However, Fusion would like everyone to make a donation on the day with all proceeds being put towards purchasing something lovely for the Lido and users.

9am - 9.15am entry to the lido (front doors will be locked at 9.15am)

Swim up until 10.30am

Front doors close at 11.00am

Maximum bookings 75 (this will be revised if pre bookings exceed 75)

LIDO CAFE

In November, the Lido Cafe is opening for dinner on Friday and Saturday nights only. Breakfast, lunch and weekend brunch as usual. In December they will be back to Wednesday - Saturday night opening for dinner.

The Lido Cafe will be open at 9.00am every day, with the doors unlocked for swimmers from 08.45

Bookings are open for Christmas, with a terrific menu.

We are delighted with the refurbished spa (now described as the "Health Suite" by Fusion.) The old hydrotherapy pool has been replaced by one of superior quality. However, old problems may return (frequent closures of the hydrotherapy pool) if users do not follow the rules, clearly displayed, so refrain from using oils, lotions and potions in the spa area.

Some people are allergic to tea tree, eucalyptus etc so these are examples of stuff that should not be used anywhere in the spa but ANY oil or lotion will affect water quality and lead to breakdown. Also, unless you want to pay higher membership and entrance fees, use showers sensibly. It is not acceptable to sit/squat under a shower for more time than it takes to rinse. And the only refreshment that is acceptable in the spa is water. NO FOOD!

Winter swimmers - please use a towel/gown/footwear to prevent drips and puddles on your way through reception to the health suite. Winter swim times - please note winter swimming membership includes the spa!

Huge thanks and respect to our hardy and loyal lifeguards who watch over us in all weather.

We have been concerned for some time about the lack of lighting along the path the runs next to the car park from Dulwich Road to the park. We are hoping that Fusion and Lambeth can work together to find a solution. Please get in touch with us to let us know your views on this and anything else about our lovely Lido.

As winter approaches, swim and gym with care, swimmers, beware of the drop in water temperature. If you're not used to winter swimming the <u>Outdoor Swimming Society</u> has some useful tips! Look out for others and enjoy your time at Brockwell Lido.

For detailed info on this and more go to our WEBSITE

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